

SUNDRE ON THE GO

September 2023

Greenwood Neighbourhood Place is your Community Resource Centre
Connecting you to Local Programs, Events, Services & Resources



GREENWOOD
Neighbourhood
PLACE

CONTACT US

Office Hours:

Tuesday to Thursday
8:30 AM to 4:00 PM

Phone: 403 638 1011

Location:

#5, 96-2 Ave NW

Mail:

PO Box 1846,
Sundre AB, T0M 1X0

Email: info@mygnp.org

www.mygnp.org

CRA Charity No.

866369374RR0001



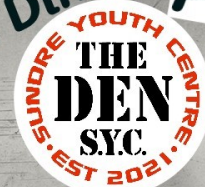
WE WOULD LIKE TO

Welcome

Heather Hicks

as the new

PROGRAM DIRECTOR
FOR



Sept 4 is Labour Day

SUNDRE INTERAGENCY MEETING

WEDNESDAY, SEPTEMBER 13 | 12:00PM-1:30PM
LOCATION: SUNDRE MUNICIPAL LIBRARY

RSVP ON EVENTBRITE AT
WWW.MYGNP.ORG

ZOOM OPTION
FOR MORE INFO: 403.638.1011 OR INFO@MYGNP.ORG

LUNCH IS PROVIDED FOR IN PERSON GUESTS

Welcome Back BBQ

COMMUNITY RECREATION REGISTRATION

Thurs, Sept 7th
5:00PM to 7:00PM
River Valley School East Entrance
& Sundre Community Centre Gym

To register a table contact:
Office: 403-638-2042
Cell: 403-994-7061
facilitybookings@sundre.com

\$20 TABLE


Sundre On The Go is brought to you by Greenwood Neighbourhood Place
& Sundre Family Community Support Services (FCSS)

GREENWOOD NEIGHBOURHOOD PLACE EVENTS AND PROGRAMS

TRAUMA:
Things you
can do to
Transform PTSD &
Promote Post
Traumatic Growth

Wed | October 18
6:00PM-8:00PM

Cost: \$5
Location: Community
Centre Board Room
Register: www.mygnp.org



Website Events Page



SCAN ME

SUNDRE 55+ INDOOR WALKING

MONDAY & THURSDAYS | 1:30PM-2:30PM
SUNDRE COMMUNITY CENTRE
NO CHARGE! TOWN OF SUNDRE GRANT
STARTING: MONDAY | OCTOBER 2
PLEASE BRING INDOOR SHOES

**Seniors Art Program &
Seniors Art In The Country**
BEGINNERS LEVEL CLASS IN MIXED MEDIA

SUNDRE SENIORS LODGE
TUESDAY | SEPT 19 | 10:00AM-12:00PM

HARMATTAN COMMUNITY HALL
TUESDAY | SEPT 26 | 10:00AM-12:00PM

REGISTER AT WWW.MYGNP.ORG
FOR MORE INFO: 403.638.1011








55+ Seniors Trip

**Jubilations
Crocodile Rock:**
The Legend of
ELTON JOHN

Tuesday | September 19 | 8:30AM-4:30PM

\$70
Includes: transportation, admission & 3 course meal

Register at www.mygnp.org

RED CROSS BABYSITTING COURSE

FRIDAY | SEPTEMBER 22 | 8:30AM-3:30PM






\$30
LUNCH INCLUDED

AT THE DEN-S.Y.C. **Ages 11-16**

REGISTER AT WWW.MYGNP.ORG





COOKING UP CONNECTIONS Adult Cooking Class

Learn to cook
a meal while
making new
connections.

Wednesday
September 20
4:00PM-7:00PM

Register at
www.mygnp.org

Location: Sundre Legion

\$10




**ADULTS
SUPPORTING
GRIEVING
CHILDREN**

Take the trauma
out of death & dying

Part One:
WEDNESDAY | NOVEMBER 15
6:00PM-8:00PM

Part Two:
WEDNESDAY | NOVEMBER 29
6:00PM-8:00PM

Cost: \$5
Location To Be
Announced

Register at www.mygnp.org






**Pioneer Camp Alberta
Cabin Rentals**

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Enjoy some time away
by the campfire with a gorgeous view!
Book your stay today!

Contact:
guestcoordinator@pioneer camps.ab.ca

INTER VARSITY

PIONEER CAMP ALBERTA

Sundre Community Van Association
'Community Serving Community'

The Sundre Community Van offers subsidized transportation to those who require Accessible or Assisted Transport for medical or professional services. The service also provides town shuttle, food bank, and non-subsidized safe drive services (weddings, tours, etc.).

Always Looking For Drivers & Hosts

To Book: 403 638-3266, or email sundrecommunityvan@gmail.com
Inquiries/comments: president.sundrecommunityvan@gmail.com
PO Box 1556, Sundre, AB, TOM 1X0



Sundre & District Museum

Structured Preschool Programs
Every Tuesday 1:30PM-3:00PM
In the Museum gallery
Suitable for preschool - Grade 3 aged children.
Please bring a \$5 donation/child, a healthy snack, inside shoes, and water bottle.

Join us for Alberta Culture Days on September 22-23rd.
•Register for
Fall Five Course Feast Fundraiser on September 23rd.

Call 403-638-3233 for more information!



Sundre Senior SPRUCE Society
(Seniors Protected and Respected Under Community Engagement)
meets last Tuesday of every month
at 1:30PM
Sundre Supportive Living Drop In North Entrance.

Something special is happening on Sept 26
so drop in and have some fun.

For more info:
sundrespruce20@gmail.com

Happiness is Being in a Choir!

Sundre Community Choir and the Handbell Choir
ARE LOOKING FOR YOU!
COME JOIN US

VOCAL CHOIR-\$50
TUESDAY | SEPT 26 | 7:00PM
HANDBELL CHOIR-\$20
THURSDAY | SEPT 28 | 7:00PM
SUNDRE UNITED CHURCH - HALL ENTRANCE

LOVE OF MUSIC IS A PREREQUISITE!

More Info: Pauline
sundrecommunitychoir@gmail.com



SUNDRE & DISTRICT AGRICULTURAL SOCIETY PRESENTS

SUNDRE COMMUNITY FAIR
105TH ANNIVERSARY

@ Sundre Curling Rink
FRIDAY | SEPTEMBER 8

INFO BOOKLETS AT MUSEUM, LIBRARY & FARMERS' MARKET

Pet Parade: 12PM
Public Viewing: 3-7PM
All Fair Entries Accepted:
Thurs 7-9PM, Fri 8-9:30AM

More Info: Karen 403-638-1586

FAITH LUTHERAN CHURCH FALL TEA & BAKE SALE
SAT | SEPT 16 | 1:30PM-3:00PM
Faith Lutheran Church
Door Prizes~Everyone Welcome

YOUTH FEST

SATURDAY SEPTEMBER 16
12:00PM-4:00PM
Sundre Skatepark

Free family fun event for youth of all ages
For Info: scoc@telus.net




sundre Aquaplex

Fall swim lessons start Mon | Sept 11
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Daytime preschool lessons start Sept 19
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Aquafitness
Mon/ Wed/Fri | 9:00AM
Tues/Thur | 6:30PM
All ages and abilities welcome!

Our fully equipped Fitness Center is available 24 hours when you get a Key FOB!

Details & programming updates on www.sundreaquaplex.com!



Mainavekidzclub.naz
After school program



Wednesdays | 3:15PM-5:15PM
(Starting September 20)
Children k- gr.5

Come and enjoy games, snacks, Bible stories, crafts, friends, music.
402 Main Ave W
Please use parking lot entrance.
For more information call
403-436-0186 Dorothy.

The Peaks to Prairies Primary Care Network

Relationships in Motion

free 8 week course
Tuesdays,
September 26
to
November 14
1PM-3PM



Olds, Peaks to Prairies
Primary Care Network office
To register call 587-796-0765



BERGEN FARMERS' MARKET
SATURDAYS 10-1PM
SEPTEMBER 2ND & 9TH
BERGEN HALL PARKING LOT
Organic BC fruit, baking, beef, garden produce, preserves, hand crafts and more
CONTACT: SHELLEY INGEVELD
403-638-2356

Sundre Creative Arts Group

ANNUAL GENERAL MEETING

Wed | Sept 20 | 6:30PM
Planning events for upcoming year. Interested in becoming a member or want more info about the art club? Everyone welcome.

FIRST PAINT-IN OF THE SEASON

Sat | Sept 23 | 11:00AM-3:00PM
Bring your painting idea and your art supplies (or we will share if you don't have something). NON-MEMBERS and beginners are welcome, we are willing to help.

Location: Sundre Public Library

For more info Lila @ 403-638-4269 or Debbie @ 403-722-2956

Sundre Palliative Care Association

Drop In Grief Group

Thursday | Sep 28
2:00PM-4:00PM
Main Ave Church
Sundre

Welcome to our monthly meeting!
Thursday | Sep 14 | 2 pm
749- 6th St SW (SSSL) -
North Doors

For Info:
Anne Brander 403-507-1255
Sundrepalliativecare@gmail.com

Sundre Farmers' Market

Fri | Sept 1, 8, & 15
4:30PM-7:00PM

Sundre Curling Rink

For Info Connie: 403-818-7718

Sundre Hospital Futures Legacy Gala
Save The Date
November 18, 2023



Peak Theatre Players'

Call for Auditions

Murder on the Orient Express

adapted by Ken Ludwig

Thurs | Sept 7 at 7:00PM @ The Sundre Arts Centre

Performances

November 17, 18, 19, 24, 25

We are looking for actors!

Murder on the Orient Express is set in 1934 on a luxurious train, travelling west from Istanbul.

If you or someone you know might be interested in being part of this production,

Contact Brian Bailey at:
peak.theatre.players@gmail.com

Bearberry Annual Poker Rally!



Saturday, Sept. 16

Registration: 11:00AM

Ride: 12:00PM

Steak Dinner: 4:00PM-6:00PM

For information email cseidle@shaw.ca or text/call Diane 403-383-4488

Sundre Seniors Socialize
Wednesday | September 13 | 5:00PM-7:30PM
Sundre United Church Hall
Pre-register Joyce Wicks 403-638-1950

Alberta Healthy Living Program

Support Weekly Action Team - SWAT
Summer Meetings: every Wednesday from 12:00PM-1:00PM

Better Choices Better Health: Chronic Pain Starts Thursday, Sept 7, 9:00AM-11:30AM

Heart Health: Eating to Improve Cholesterol and Triglycerides
Wednesday Sept 20, 1:00PM-2:00PM

To Register:
1-877-314-6997
Contact local health educator:
403-559-8895



Scan QR Code for more program information

B. S. Productions

Auditions for ANNE OF GREEN GABLES—THE MUSICAL™

Wednesday and Saturday, September 27 & 30

Sundre Arts Centre

Searching for kindred spirits! Roles for kids, teenagers and adults in this classic Canadian musical. Auditions will include two songs from the show, and a short scene which you can prepare in advance. Contact us now for all audition info.

Rehearsals begin in October; six performances in February 2024. Watch our video promo: vimeo.com/841664592

Contact Information:
Brian Bailey, Director (text) 403-638-8214
Jamie Syer, Music Director (text) 403-638-6765
info@bs-productions.ca



Introducing..... Sundre Men's Shed

Men's Sheds are community based spaces for men to connect, and converse. Activities & projects for groups of men to enjoy together. They reduce loneliness and isolation, but most importantly, they're fun. For more details go to mensshedsCanada.ca.

For additional info and to register, call Tom at 403-638-6617.

SUNDRE

MUNICIPAL LIBRARY

3D Printing: Intermediate
Wednesdays | September 13 & 27
6:00PM-8:00PM

Build on your 3D printing skills. Previous 3D print design required (or Beginner 3D printing class at Library).

Intro to Coding for Families
Parents and kids learning how to code together.

Saturdays | 1:00PM-2:30PM
Session 1: September 16 & 30
or

Session 2: October 7 & 21

Cecile Beaulieu Author Talk
Wednesday | September 20
6:30PM-7:30PM

Find out about surviving loss from this local author.

Find us at the Sundre Museum on September 22 & 23 | 1:00PM-3:00PM for Alberta Culture Days. We're featuring Japanese activities for kids and families.



For details please
(403) 638-4000,
or visit
www.sundre.prl.ab.ca