

Sundre On the Go

October 2023

**Greenwood Neighbourhood Place is your Community Resource Centre
Connecting you to Local Programs, Events, Services & Resources.**



**GREENWOOD
Neighbourhood
PLACE**

CONTACT US

Office Hours:

Tuesday to Thursday
8:30 AM to 4:00 PM

Phone: 403 638 1011

Location:

#5, 96-2 Ave NW

Mail:

PO Box 1846,
Sundre AB, T0M 1X0

Email: info@mygnp.org

www.mygnp.org

CRA Charity No.

866369374RR0001

Greenwood Neighbourhood Place Board Announcements

Our board consists of volunteers that contribute their knowledge, expertise and most importantly, their enthusiasm for our Sundre community.

We are so thankful for all their efforts.

Retiring Board Members

Pat Toone (2004-2023)

Joan Harris (2016 – 2023)

Charlene Ruttle (2019 – 2023)

**We are so grateful to have had these ladies
provide guidance to the work we do.**

**A special thanks to Pat for her 19 years of service.
She will be greatly missed.**

Welcome New Board Members

*Welcome to returning Board member Rob Wolfe
and new members Kim Free and Varsha Mehra.*

We are excited for what you will bring to the team.

**SUNDRE
SANTAS
2023!**

**Sundre and Area
Christmas Hamper Program**

REGISTRATION

**OPENS:
NOVEMBER 11
CLOSES:
DECEMBER 5**

We are accepting
non-perishable food
items with good expiry
dates, gift cards &
financial donations.

**DONATIONS OVER \$10
(with receipt) RECEIVE
A CHARITABLE RECEIPT
UPON REQUEST.**

**For More Info Contact:
403.638.1011
santas@mygnp.org**




Sundre On The Go is brought to you by Greenwood Neighbourhood Place
& Sundre Family Community Support Services (FCSS)

GREENWOOD NEIGHBOURHOOD PLACE EVENTS AND PROGRAMS

TRAUMA:
Things you can do to
Transform PTSD & Promote Post Traumatic Growth

Wed | October 18
6:00PM-8:00PM

Cost: \$5
Location: Community Centre Board Room
Register: www.mygnp.org



ADULTS SUPPORTING GRIEVING CHILDREN

Take the trauma out of death & dying

Part One:
WEDNESDAY | NOVEMBER 15
6:00PM-8:00PM

Part Two:
WEDNESDAY | NOVEMBER 29
6:00PM-8:00PM

Cost: \$5
Location: Sundre Library



Register at www.mygnp.org

SUNDRE 55+ INDOOR WALKING

MONDAYS & THURSDAYS | 1:30PM-2:30PM
SUNDRE COMMUNITY CENTRE
NO CHARGE! TOWN OF SUNDRE GRANT
STARTING: MONDAY | OCTOBER 2
PLEASE BRING INDOOR SHOES

For Adults COOKING UP CONNECTIONS

\$10 Includes Food

Wednesday~October 25~4:00PM-7:00PM

 **Register at www.mygnp.org**



Seniors Art Program

Tuesday | Oct 17 | 10:00AM-12:00PM
Beginner level class for seniors in mixed media.
Sundre Supportive Living Facility North Doors
Free, Supplies Included

Register at www.mygnp.org or 403.638.1011

RED CROSS BABYSITTING COURSE

FRIDAY
OCTOBER 20
8:30AM-3:30PM

\$30 LUNCH INCLUDED

AT THE DEN-S.Y.C. **Ages 11-16**

REGISTER AT WWW.MYGNP.ORG

SENIORS ART IN THE COUNTRY

TUES / OCTOBER 24 / 10AM-NOON
BEARBERRY COMMUNITY HALL
BEGINNER LEVEL IN MULTI MEDIA ART.



Cost: Free | Register at www.mygnp.org or 403.638.1011

Seniors 55+ Trip

Movie Matinee
Tuesday | October 10
12:00PM-3:30PM

Transportation is free
You are responsible for Movie admission & snacks

Olds Mayfair Cinema
(Meet Community Van at Sundre Seniors Lodge)
Register at www.mygnp.org

Website Events Page



SCAN ME



How's it (really) going?

A CONFIDENTIAL CIRCLE FOLLOWING FIRST NATIONS TEACHINGS

THURS | OCT 12 | 6:30PM-8:30PM
LOCATION: GNP

INFO: RENATE 403-638-1011
OR HEATHER 780-429-4210

NO REGISTRATION REQUIRED

VOLUNTEER OPPORTUNITIES

Sundre Thrift Store is looking for volunteers
call 403.638.3200 for more info!

Sundre FCSS is looking for volunteers to help with
Halloween Youth Event
Call Cherie 403.638.1011 for info!




VOLUNTEER
 

Sundre Men's Community Service
Saturday | October 28
 Town of Sundre Greenwood Campground fall clean up.
 West end of Red Deer River Bridge in Sundre.
Free Breakfast: 8:00AM-9:00AM
Free Lunch Included
Leaf Clean Up: 9:00AM-2:30PM
 For More Info & to Register
 Before Noon on October 25
mikeflemingnml@gmail.com

Sundre & District Historical Society
Annual General Meeting
Tues | October 17 | 7:00PM
Location: Museum Gallery

Agenda
Approval of 2022 AGM Minutes
Financial Report
Appointing auditors (2) for 2023 audit
Chair Report
Board Elections




THE DEN
SUNDRE YOUTH CENTRE
AT WWW.THEDENSYC.ORG




Mountain View Family Resource Network
Raising Competent Teenagers
 Wed | Oct 25 | 7:00PM-8:00PM
 Location: Online via Zoom

This seminar focuses on helping your child get the most out of their school years. Help them communicate, develop self-discipline and good routines, follow rules, and solve problems.

Pop Up Play
 Oct 3 & Nov 7
 For children ages 0-6 years.
 Location: Sundre Library
 Contact for Info & to register: info@mvfrn.ca



FAMILY HALLOWEEN
MOVIE & PUMPKIN CARVING

FREE
 admission
 candy bags
 refreshments
 popcorn
 & pumpkins

Saturday | October 21
Carving: 1:00PM
Movie: 2:00PM-3:30PM
Location: Community Gym
Register at www.mygnp.org





Burden Bearers
32nd
Fundraising Banquet

Friday | November 3 | 6:00PM
(Note: new time)

Location: Sundre Community Centre

As always you are invited to join us for roast beef dinner, music, silent and live auctions!! It's FREE and it's FUN

Please RSVP
 403-804-8589/403-638-2650

Camp Evergreen is now booking Yurt Rentals!

Enjoy time away this fall and experience something new in an authentic Mongolian Yurt! Check out our website for more information.



www.camp-evergreen.com/yurtrentals
 Call: 403-638-4230
 Email: guestservices@Camp-Evergreen.Com



Sundre Creative Arts Group
 Come and join us for our
OCTOBER PAINT-IN
Sat | Oct 28 | 11:00AM-3:00PM

Bring your lunch and a project to work on.
Everyone welcome
FREE

Location: Sundre Public Library

For more info Lila @ 403-638-4269
 or Debbie @ 403-844-7887

PURSUING A CAREER IN THE HEALTHCARE FIELD?

Sundre Hospital & Care Centre Auxiliary Society has a \$1,500 Scholarship

For further information contact Pat Ball
 403-638-2999



Sundre & District Museum
Structured Preschool Programs

Every Tuesday | 1:30PM-3:00PM
 In the Museum gallery
 Suitable for preschool - Grade 3 aged children.
 Please bring a \$5 donation/child, a healthy snack, inside shoes, and water bottle.

Pick up for Pie Fundraiser is October 6th in the Museum gallery.

Halloween Extravaganza is October 28th!

For Info: 403-638-3233





Cooking For Kindness
Community Luncheon

Wednesday Oct 18 | 11:30AM-1:00PM
Entertainment until 2:00PM

SUNDRE LEGION HALL~\$10/PLATE

More info & Transportation or to volunteer call:
Lourelle at 403.638.3378

Admission \$5

OPEN STAGE NIGHT
Hosted by Sundre & District Allied Arts Society

Come be Entertained or be Entertaining

**MIME!
MUSIC!
DANCE!
AND MUCH MORE!**

Pre-Register to perform
At the Sundre Arts Centre

Open Stage Nights:
Fridays, Sept 29 & Oct 27 at 7:00PM

Info & register at sundre.allied.arts@gmail.com

SUNDRE PALLIATIVE CARE ASSOCIATION

Welcome to our AGM and monthly meeting!
Thursday | October 12 | 2 pm
749- 6th St SW (SSSL) - North Doors

8 week Grief Group
Monday afternoons | Oct 16- Dec 4
Info: Diana Kleinloog 403- 507-1691

Drop In Grief Group
Thursday | Oct 26 | 2-4 pm
Main Ave Church, Sundre
Info: Anne Brander 403-507-1255
Sundrepalliativecare@gmail.com

Sundre Community Van Association
'Community Serving Community'

**Seeking:
Van Coordinator!**

Subsidized transportation for those who require Accessible or Assisted Transport for medical or professional services. Provides town shuttle, food bank, and non-subsidized safe drive services (weddings, tours, etc.).

To Book: 403 638-3266, or email sundrecommunityvan@gmail.com
Inquiries/comments: president.sundrecommunityvan@gmail.com
PO Box 1556, Sundre, AB, T0M 1X0



Bergen Farmers' Market
THANKSGIVING MARKET

Sat | Oct 7 | 10:00AM-1:00PM

baking, hand crafts, beef, garden produce, preserves, Legacy Land & Trust calendars

**Information:
Shelley
403-638-2356**



Bergen Missionary Church

An Evening of Worship

Friday, October 13. 7:00pm

All are invited to join us for an evening of worship.
Come make a joyful noise!
Coffee, dessert and fellowship to follow.
403-638-8263 www.bergenchurch.ca



SCREEN TEST

Mobile Mammography Screening

October 14 to 21, 2023

Sundre Aquaplex



Appointments are required
Call to book:1-800-667-0604

PRIVATE RIDING LESSONS

Ever wanted to learn horsemanship? We are offering private riding lessons at Camp Evergreen, located just 15 minutes south of Sundre!

Private lessons for 1 rider: \$60

Semi-private for 2-4 riders: \$50/rider

Group rate for 4+ riders: \$40/rider

Contact our office to book
Call: 403-638-4230
Email: main@camp-evergreen.com



Mainavekidzclub.naz
After school program



Wednesdays | 3:15PM-5:15PM
Children k- gr.5
Come and enjoy games, snacks, Bible stories, crafts, friends, music.
402 Main Ave W
Please use parking lot entrance.
For more information call
403-436-0186 Dorothy

Sundre Municipal Library
October Events

Halloween Extravaganza
Sat | Oct 28 | 2:00PM-4:00PM
Location: Sundre Museum
Carnival games & treats for 0-12 yrs/families.
FREE.

Rhyme Time
Tues | 9:30AM-10:30AM
*except 1st Tuesday of month
Ages 0-5 with caregiver.
Songs, stories and rhymes.

Intro to Coding for Families
Sat | Oct 14 & 28 | 1:00PM-2:30PM
Parents and kids learning how to code together.

Teen Hangout
Thurs | Oct 5 | 3:30PM-5:00PM
Games, food and fun for teens. FREE.

3D Design for Beginners
Wed | Oct 25 | 6:00PM-8:00PM
Learn how to create 3D designs using Tinkercad.

Just In Case
Wed | Oct 18 | 6:30PM-7:30PM
Be prepared for the unexpected when dealing with estates.

October is Canadian Library Month
Stop in and play our Golden Ticket contest to win big prizes.

(403) 638-4000
www.sundre.prl.ab.ca

