

Sundre On the Go



Brought to you by Greenwood Neighbourhood Place & Sundre Family Community Support Services (FCSS)



Office Hours:
Tuesday to Wednesday
8:30 AM to 4:00PM
Thursday 9:30AM-4:00PM

403 638 1011
#5, 96-2 Ave NW
PO Box 1846,
Sundre AB, T0M 1X0

Email: info@mygnp.org
www.mygnp.org
CRA Charity No.
866369374RR0001

Scan for
Website
Events
Page



INCOME TAX TIME *IS HERE!*

COMMUNITY VOLUNTEER INCOME TAX PROGRAM
MARCH 5 - APRIL 30 | TUES - THURS | 10AM - 3PM

FREE Income Tax preparation if you qualify!

The following returns do NOT qualify:
self-employment, business or rental income,
capital gains or losses, bankruptcy, or
deceased in the year.

Eligible Taxpayer Family Income
Individual - Up to \$35,000
Couple - Up to \$45,000
Each Dependent add \$2,500



Canada

If you have mobility issues
please contact us.



Call for info: 403.638.1011

Happy
Easter



Health Care Aide Certificate Program

Providing you with the opportunity to be
part of a health-care team.

Starts May 2024 In Sundre

TO LEARN MORE AND TO REGISTER:
CAMPUSALBERTACENTRAL.COM



PURSUING A CAREER IN THE HEALTHCARE FIELD?

Sundre Hospital & Care Centre Auxiliary Society has a **\$1,500 Scholarship**

For further information contact Pat Ball 403-638-2999

Greenwood Neighbourhood Place is your Community Resource Centre
Connecting you to local Programs, Events, Services & Resources

GREENWOOD NEIGHBOURHOOD PLACE EVENTS AND PROGRAMS

Current Plot Holders
are invited to the

Sundre Community Garden Annual Meeting

Thursday | March 28
6:00PM-7:00PM

Community Centre
Conference Room

For More Info:
Renate 403.638.1011



COFFEE, TEA & CONVERSATION

Wednesday | March 13 | 6:30PM-8:30PM

Circle talks are a foundational
First Nations teaching
and are always confidential.

No Registration
Location: Greenwood Neighbourhood Place Foyer

For more
information:
Renate 403.638.1011



National Volunteer Appreciation Event

Featuring

BEN CRANE

You must be an active volunteer
for a non-profit organization
in the Sundre area.

FRIDAY | APRIL 19

7:00PM-8:30PM

SUNDRE ARTS CENTRE

**FREE - LIMITED SEATS
REGISTER EARLY!**

WWW.MYGNP.ORG

403.638.1011



COOKING UP CONNECTIONS

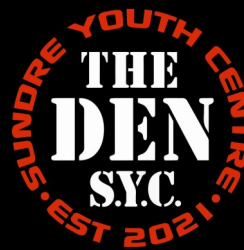
Wednesday | March 27

4:00PM-7:00PM

Cooking With Friends

Location: Sundre Legion

Register at www.mygnp.org



GRADES 7-12

THIS SPACE IS FOR YOU

COMING EVENTS



THE DEN SYC
THE DEN - SUNDRE YOUTH CENTRE
MYGNP.ORG



FREE PUBLIC SWIM

Drop-In

Sunday

March 24

1:00PM-3:30PM

Sundre Aquaplex



Seniors Art Programs

Sundre Seniors Supportive Living Facility

Tues | March 19 | 10AM-Noon

Seniors Art In the Country

Tues | March 26 | 10AM-Noon

Bearberry Community Hall

Cost: Free
Register at

www.mygnp.org
or 403.638.1011



Mark Your Calendar!

Greenwood Neighbourhood Place

FUNDRAISING AUCTION

SATURDAY | JUNE 1 | 7:00PM

Watch for details!

Have an item to donate?
Contact us at 403.638.1011

Camp Evergreen Summer Camp

Registration is open!



31404, Range Rd 52,
Sundre, AB

Contact Info:

main@camp-evergreen.com

or phone: 403-638-4230

www.camp-evergreen.com

Sundre Creative Arts

Join us for a Paint-In

Sundre Public Library

Sat | March 16 | 11:00AM-3:00PM

Bring a project and your lunch

Beginners and non members welcome

For info

Phone Lila @ 638-4269

Or Debbie @ 403-844-7887

SAVE THE DATE

SUNDRE ANNUAL ART SHOW AND SALE

Sat | April 27 | 1:00PM-5:00PM

Sun | April 28 | 11:00AM-3:30PM

West Country Centre

Free admission, door prizes, refreshments available

Everyone welcome

Sundre Seniors Socialize

No March event
(scheduling conflict)

SAVE THE NEXT DATE:

Wednesday | April 10

11:45PM- 2:00PM

Sundre United Church

55+ - single, isolated/lonely,
NEWCOMERS

Pre-register: J Wicks

403-638-1950

Sundre Palliative Care Association

Welcome to monthly meetings!

Thursday | Mar 14 | 2:00pm

What is a Death Doula?

Thursday | Mar 28 | 6:30- 8:30

Drop In Grief Group

Thursday | Mar 28 | 2-4 pm

Location: Main Ave Church, Sundre

Advanced Care Planning

Thursday | April 4 | 6:30-8:30 pm

Location: SSSL - North Doors

Info: Anne Brander 403-507-1255

Sundrepalliativecare@gmail.com

Sundre Municipal Library March Events

Armchair Travel

Wed | March 13 | 6:30PM-8:00PM

Travel the world in a series
of Armchair Travel sessions

Drop-in + Play

Wednesdays

March 6, 13, 20, 27 | 12:00PM-2:00PM

Parent guided play time

For ages 0-5 with a caregiver

Family Gym Time

Frid | March 15 | 9:30AM- 11:30AM

Location: Sundre Community Center

Run! Jump! Play!

Join us for the

LAST Gym Time

of the year!

For ages 0-6 with a caregiver
(in partnership with MVFRN)

Teen Hangout (ages 11+)

Thurs | March 7 | 3:30PM-5:00PM

Games, food, and fun...just for teens!

Contact Information:

(403) 638-4000

prl.ab.ca/sundre



James River Cowboy Church

Free Ride To Cowboy Church

Wednesday Evenings

Service starts at 7:00PM

Get picked up outside your door
throughout Sundre and dropped
off after the service.

Come for the music and sermon and
stay for the fellowship!

Contact the Sundre Community Van
to arrange transportation

403-638-3266.

Bergen Church

Sun | March 10

6:30PM-7:30PM

Join Tyler and Rachelle Brooks for
an evening of Praise and Worship.

An uplifting time of traditional
hymns, praise choruses and
contemporary worship.

Coffee and dessert to follow.

www.bergenchurch.ca

Sundre Community Van Association

Have You Seen Our New White Van?

If you're 55 years of age and older we offer transportation for shopping, visiting,
the library, local events, and you can even travel to Red Deer and Calgary.

Sundre in-town shuttle service

Thursdays | 10:00AM-3:00PM & Tuesdays | 1:00PM-4:00PM

To Book:

Call 403-638-3266 or email sundrecommunityvan@gmail.com

Please book a minimum of one day in advance.



Bergen Meet Your Neighbour

Sat | March 9

Doors Open 5:00PM

Potluck 6:00PM

Bergen Hall

Bring Potluck item to share

& Business Cards to share

Children Welcome

Tell your Bergen neighbours!

info@bergenhall.com

www.bergenhall.com

Sponsored by the

Bergen Community Association

Wills & Estates
Cody & Company Law
10:00AM-Noon
Lunch Provided

Death Cafe
Intentional Conversation
Informal 'death' dialogue
Coffee & Cake 1:00PM-3:00PM

Saturday | March 16
@ Beech Co Work 5009-50 Ave. Olds, AB
RSVP by March 13
587.796.1208 | sc@hospiceolds.com

Sundre & District Youth Justice Committee
Join our Team
March 2024

Interested in helping youth who have made mistakes and been granted EXJS (Extrajudicial Sanctions by the Crown) or EJM (Extrajudicial Measures by the RCMP), avoid criminal records while being accountable for their actions in a fair and just manner through a restorative process?
The only persons who cannot sit on the committee are RCMP or Peace Officers, prosecutors, lawyers, or those within the judicial system.

Contact Information: sundreyjc@gmail.com

SUNDRE DAYCARE CENTRE ANNUAL GENERAL MEETING

Friday | March 15 | 6:00PM
Location: Sundre Daycare Centre


Join us for our AGM to hear our year in review!

Contact Information:
sundredaycare@gmail.com

Sundre & District Museum
Preschool Programs


Every Tuesday | 1:00PM-3:00PM
\$5.00/child, in the museum gallery

Save the date
Check out the new display going up at the end of February!
Thank you to everyone who supported our Winterfest celebrations this year
Buy your 2024 Memberships now!
Call 403-638-3233 for more information.



YOUTH MENTAL HEALTH CLINIC
Ages 14-18
Experiencing struggles with mental health
Thursday | March 14
1:30PM-3:30PM

Location: Sundre High School
Contact Irma at
Primary Care Network for appointment
403.586.0371




SUNDRE SOCCER CLUB
SPRING REGISTRATION

Soccer season will run
May to June, 2024
Location:
Sundre Soccer Field
5 St SE, Sundre, AB

Please watch the Sundre Soccer Facebook page for details regarding registration for the 2024 season.

Contact Information:
sundresoccer@hotmail.com



Alberta Pioneer Camp



Summer Camp Registration Now Open!
Summer 2024
Location:
Sundre and Rocky Mtn. House
registration@pioneer camps.ab.ca

Summer Camps for all ages!

www.pioneer campalberta.ca

Cooking For Kindness
Community Luncheon

Wednesday March 20 | 11:30AM-1:00PM
Entertainment until 2:00PM

SUNDRE LEGION HALL - \$10/PLATE
More info & Transportation or to volunteer call:
Lourelle at 403.638.3378



River Valley School Fundraising Society
& River Valley School
Presents

Family Movie Night

Thursday | March 7
Doors Open at 6:00PM
Showtime at 6:30PM

Bring the family & watch Ice Age

Location: RVS Gym

\$2 Per Person
No childcare—an adult must be present

POP-CORN \$2
Juice \$1

WORLD DAY OF PRAYER
Friday | March 1 | 11:00AM


Our Lady of Fatima-Catholic Church
123-2nd Street, Sundre
Light lunch to follow
Contact 403.638.9632 for more info

Alberta Healthy Living Program


Chronic Pain: Better Choices Better Health
Starts Tuesday | March 19 | 9:00-11:00AM & runs for 6 weeks
This workshop will help you discover new skills to use for day-to-day challenges of chronic pain.

Sleep Well
Monday | March 11 | 5:30-8:00PM
In this workshop discover what quality sleep means, how it relates to your health and tips for better sleep.

Diabetes the Basics
Monday | March 4, 11, 18, & 25 | 9:00-11:00AM
These workshops help you learn about diabetes and effective strategies to manage it.



Location: Zoom link is provided upon registration. to speak to your local health educator
Contact Jessica at 403-559-8895
Contact Information: 1-877-314-6997 to register



Sundre Caregiver Support Group
First & Third Thursdays Monthly
1:30PM-3:30PM

For anyone providing care & support to those with healthcare needs.

Sundre Seniors Drop In Centre
For more info:
Cindy Andrus 587-876-0943





SUNDRE WEST COUNTRY CENTRE
101 2nd Ave, by the Arena
Wheelchair accessible.

March Events

Music & Dancing | Sundays-1st & 3rd | 1:30PM
Cribbage | Every other Sunday | 1:30PM

Pool & Snooker | Mondays | 9:30AM
Carpet Bowling | Mondays | 1:00PM
Canasta | Tuesdays | Noon

Stretching | Wednesdays | 10:00AM
Games! | Wednesdays-1st & 3rd | 1:00PM
Pool & Snooker | Wednesdays | 1:00PM

Carpet Bowling | Thursdays | 1:00PM
Quilting | Thursdays

Floor Curling | Fridays | 1:00 pm
Pot Luck | Last Friday of each month
at 12 Noon,
Come join us!